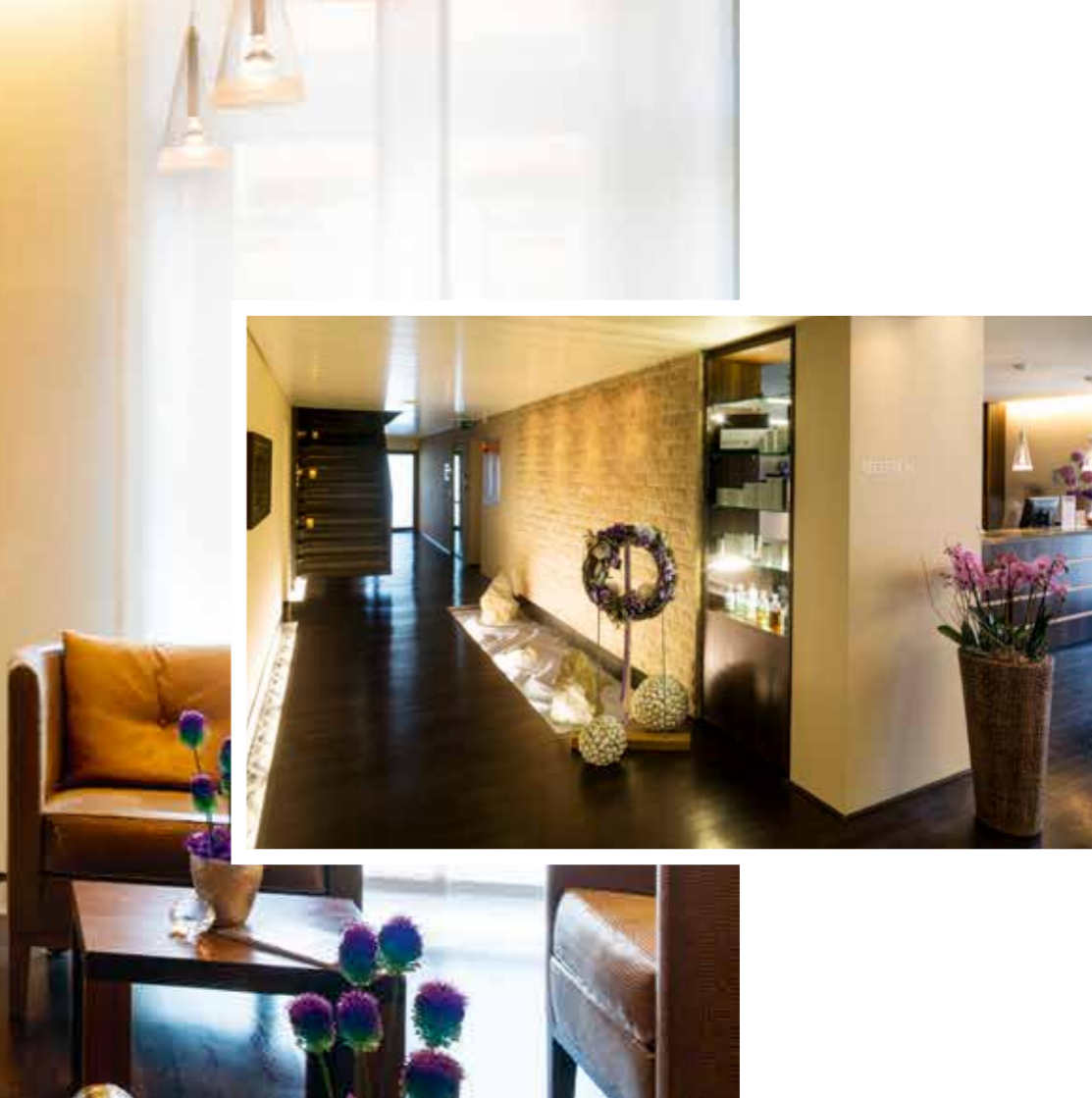


SPA
PALACE
Luzern



WELCOME

Welcome to PALACE SPA, the luxurious wellness oasis in the hotel PALACE LUZERN. Bring your body and soul into harmony, be balanced, stop and relax. Treat yourself to a little time-out from the stress of everyday life and top up on new vitality in the unique atmosphere of our day spa. Premium treatments by Anané® and NIANCE® as well as an exclusive Private Spa provide for special moments of well-being.

We will gladly put together individualised packages for you. All treatments are also available as beautifully packaged gift vouchers.

Private Spa – indulgence for two.

Many treatments can be booked in our Private Spa. For a relaxing time for two, with your partner, mother, daughter or friend...

Enjoy special time together with our exclusive treatments.



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PREMIUM PARTNERS

ANANNÉ®

Ananné® stands for pure plant cosmetics for men and women. Developed and produced in Switzerland.

- No silicones, parabens or petroleum products
- Free from artificial colours, aromas and preservatives
- Vegan and BDIH-certified natural cosmetics

NIANCE®

As a Swiss premium brand, Niance® offers highly effective, high-class anti-aging products of the purest quality.

- Multi-Anti-Aging
- Simultaneous effect in all layers of the skin
- Immediate & lasting firming effect
- Utmost tolerability



FACIAL TREATMENTS

PALACE - ANANNÉ® BASIC

60 min

CHF 170

The refreshing and invigorating basic treatment!

Your skin absorbs well-tolerated active ingredients, integrating them in its own cellular processes, feels rebalanced and renewed. Treatment includes: Cleansing, peeling, individual serum, soothing facial massage for deep relaxation, moisturising face mask, finishing treatment for eyes and face.

PALACE - ANANNÉ® COMPLETE

90 min

CHF 210

The intensive treatment with long-lasting effect!

Not only the natural active ingredients, but also an extensive facial treatment ritual provides pleasure and deep relaxation.

Treatment includes: Cleansing, peeling, deep cleansing, individual serum, pleasant facial and reflexology massage for deep relaxation, moisturising face mask, finishing treatment for eyes and face, relaxing heat treatment for neck and décolleté.

FACIAL TREATMENTS

NIANCE® INTENSIVE

60 min

CHF 190

This nourishing and soothing intensive treatment is designed for skin that needs an extra portion of care. It provides your skin with moisture, nutrients and vitamins. Fine lines and wrinkles are smoothed away. The complexion and eye area radiate in renewed freshness.

Treatment includes: NIANCE® ritual, cleansing, peeling, deep cleansing, premium facial and eye serum, mask, relaxing face and brush massage, finishing treatment for eyes and face.

NIANCE® DELUXE

120 min

CHF 290

This superior anti-aging treatment is for particularly demanding skin. The skin's natural ability to repair itself is boosted as the skin is supplied with essential micro nutrients, resulting in a firmer, smoother, rosier and younger looking complexion. Your eye area will receive extra pampering that removes traces of fatigue or sluggishness.

Treatment includes: NIANCE® ritual, neck massage, breathing exercise for relaxation, cleansing, peeling, deep cleansing, eyebrow shaping, premium facial and eye serum, mask, hand/arm peeling, hand/arm massage, energy massage with Swiss rock crystals, firming face and brush massage, finishing treatment for eyes and face.

FACIAL TREATMENTS

NIANCE® EYE DELUXE

30 min

CHF 105

This premium pampering package is designed especially for the eye area and results in a radiant and expressive look. Wrinkles, eye shadows and swelling is targeted specifically. In addition your face will be pampered and your complexion is smoothed.

Treatment includes: NIANCE® ritual, cleansing, peeling, premium facial and eye serum, mask, eye brush massage, finishing treatment for eyes and face.

NIANCE® MEN ULTRA

30 min

CHF 105

An effective turbo treatment for dry and tired male skin. Your skin will receive and absorb an intensive boost of moisture. In addition an improved micro circulation provides the appearance of a relaxed and rejuvenated complexion.

Treatment includes: NIANCE® ritual, peeling, deep cleansing, premium facial serum, mask, face massage, finishing treatment for eyes and face.

NIANCE® MEN POWER

90 min

CHF 240

This premium anti-aging treatment for discerning men provides renewed skin tone and firmness. The skin is supplied with an extra dose of moisture. The complexion is refreshed and revitalized. In addition your eye area is indulged in a luxurious treatment that visibly enhances a smooth and healthy look.

Treatment includes: NIANCE® ritual, neck massage, breathing exercise for relaxation, cleansing, peeling, deep cleansing, premium facial and eye serum, mask, hand/arm peeling, hand/arm massage, energy massage with Swiss rock crystals, activating face and brush massage, finishing treatment for eyes and face.

MASSAGES

BACK RELIEF 30 min CHF 85

For pleasant relaxation following a long working day. This massage releases tension specifically in your back, neck and shoulders. A pressure point head massage completes the treatment.

PALACE – PURE JOY OF LIFE 60 min | 90 min CHF 160 | 200

This soothing full-body massage is deeply relaxing and revitalising for body, mind and soul. Long sweeping massage strokes further enhance circulation. Let us surprise you with our pure joy of life!

CLASSIC - SPORTY 60 min | 90 min CHF 160 | 200

A full-body massage with medium to strong pressure. You will be massaged with elbows and lower arms which, combined with gentle stretching, will vitalise muscles and joints before or after sporting activities.

FOR MOTHERS TO BE 60 min CHF 160

Get away from the daily routine of pregnancy and replenish your energy level. Enjoy a relaxing footbath followed by a special, individually tailored pampering massage. The concluding head massage can help release tension or relieve symptoms of stress. Relaxed mother – relaxed baby.

MASSAGES

STONE AGE 90 min CHF 220

Warm, energised basalt stones provide for optimum circulation and enhance the effect of this relaxing, grounding ritual. Muscle pains are specifically relieved, tension melts away and your energy flows again.

SWISS HERBAL STAMP MASSAGE 90 min CHF 220

Indulge in the world of aromas of our beautiful Swiss Alpine herbs. The aroma footbath will ideally prepare you for the herbal stamp massage. The use of natural oils and selected Alpine herbs stimulates your body's circulation in a gentle manner. Feel as if you have been whisked away to a Swiss mountain meadow.

LOMI LOMI 90 min CHF 240

The queen of massages, traditionally from Hawaii. The entire body is massaged with flowing, gentle and powerful movements using hands and lower arms. If you like something extraordinary, this full-body massage is an excellent treatment.

MASSAGES

TIBETAN MASSAGE

90 min

CHF 220

The tibetan massage is a full-body oil massage with the goal to bring three tibetan energies back in unison. By doing that, you don't only release the tense muscles, enforce the lymph flow, as well as stimulate the bodies energies balance, but especially strengthens the body itself and protects and activates the self-healing process.

FOOT REFLEXOLOGY MASSAGE

30 min | 60 min

CHF 85 | 160

The foot reflexology massage targets specific areas of your body, stimulating the interplay of your organs. This treatment has a positive, revitalising effect on your entire organism, promising deep well-being.

EXTRAORDINARY & HOLISTIC

FOUR-HAND-MASSAGE

60 min

CHF 290

A synchronized massage with different massage technics, like Balinese, Swedish and Lomi Lomi. Two therapists work simultaneously in rhythmical movements to stimulate your blood supply in the whole body and take you on a trip into deep relaxation. The harmonies of body, spirit and soul will be rebuilt. Relax, let yourself go and trust those four competent hands!

PURE ALTITUDE CANDLE-MASSAGE

60 min

CHF 160

Melt away with this innovative and regenerative relaxation massage. A specially formulated warmed candle wax nourishes your skin all the way down to the deepest layers with essential nutrients. The crowning glory of this luxurious treatment is the unforgettable face and head massage.

BODY TREATMENTS

HEALING MINERAL BODY WRAP

60 min

CHF 135

Our body wrap with the Swiss AION-A healing mineral has a strong effect, especially on connective tissue, tendons and rheumatic complaints and sport injuries, thanks to the special mineral composition.

CHOCOLATE WITH A TWIST

75 min

CHF 180

Yes, experience chocolate a different way – Swiss chocolate makes you happy! The alternative for calorie-counters: our chocolate treatment. This treatment will surprise you with a blissful, pleasant feeling on your skin that will absolutely make you melt. Cocoa contains many positive active ingredients, vitamins and minerals that can be absorbed by the skin.

GOLDEN FEET

60 min

CHF 150

Dip your feet in a luxurious gold bath and enjoy a regenerating foot massage afterwards. For the crowning touch, we will bring your feet back to life with a revitalising peeling. You will float home!



PURE ALTITUDE

PURE ALTITUDE BODYSCRUB 30 min CHF 85

Spoil your body with our „Snow Crystal-Peeling“ by pure ALTITUDE. Exclusive Edelweiss-extracts supply your skin with a wonderfully soothing sensation while protecting from premature ageing. This is also an ideal preparation prior to any massage.

PURE ALTITUDE CREAM-BODYWRAP 45 min CHF 90

This moisturizing bodywrap will spoil your skin with precious nutrients and will leave your skin with a silky shimmer. The divine scent and the satiny texture allow the treatment to linger for a long time.

PURE ALTITUDE PAMPER PACKAGE 75 min CHF 170

The perfect combination for an ultimate pampering experience. Start off with our pure ALTITUDE bodyscrub. Followed by a deeply moisturizing pure ALTITUDE Bodywrap. Allow yourself to be enveloped by this soothing, divinely scented treatment.

PURE ALTITUDE CRANBERRY BODYWRAP 45 min CHF 90

This warming and detoxifying fruit-wrap supplies your skin with Omega 3 and Omega 6 fatty acids. The cranberries have active anti-oxidative properties and support the optimization of the appearance of your skin.

BEAUTY TREATMENT

EYEBROWS & EYELASHES

Eyebrow shaping* CHF 25

Eyebrow tint* CHF 30

Eyelash tint* CHF 35

Eyebrow and eyelash tint* CHF 50

* Surcharge of CHF 10 if booked individually, without other treatments

MAKE-UP

Day make-up CHF 70

Evening make-up CHF 80

Bridal make-up (including make-up trial run) CHF 340

MANICURES & PEDICURES

Manicure or pedicure CHF 80

Manicure or pedicure with nail polish CHF 90

Manicure or pedicure with GelColor CHF 120

Paraffin wax hand bath CHF 39

Change of polish CHF 30

HAIR REMOVAL

Full leg / back / chest each CHF 90

Half leg CHF 55

Upper lip or chin CHF 20

Bikini zone / lower arm / underarm each CHF 35

Brazilian CHF 65

PRIVATE SPA

The Private Spa for you and your companion pampers you in an exclusive ambience. Enjoy a bath for two surrounded by flowers and candlelight under a starry southern sky. In addition to a breathtaking view of Lake Lucerne and Mount Pilatus, the Private Spa offers you a sauna and steam room as well as your own changing area.

DAILY ROUTINE GETAWAY 2 hours | 2 persons CHF 390

- 90-minute time-out in the Private Spa
- 30-minute massage: Back Relief massage per person
- Tea, water and fresh fruit
- Fruity cocktail at the PALACE Bar

MINI-BREAK 3 hours | 2 persons CHF 590

- 90-minute time-out in the Private Spa
- 90-minute massage: PALACE-Pure Joy of Life or Classic-Sporty per person
- Tea, water and fresh fruit
- Fruity cocktail at the PALACE Bar

PRIVATE SPA

ROYAL TIME-OUT 6 hours | 2 persons CHF 1'190

- Substantial PALACE breakfast buffet in the restaurant «Les Artistes»
- 90-minute massage: PALACE-Pure Joy of Life or Classic-Sporty per person
- Afternoon tea
- 60-minute Ananné® facial per person
- Gold and flower-strewn bath
- Sugar peeling for an extensive steam room ritual
- Tea, water and fresh fruit throughout the entire stay
- 2 glasses of Champagne and exquisite nibbles

EXTRAS THAT CAN BE BOOKED

- Seasonal «Schoggi fruits» and a small bottle of Champagne CHF 80
- Bouquet of flowers from CHF 60
- Selection of pralines from CHF 10
- Chocolate Royal Torte or homemade fruit cake per piece CHF 7
- Selection of Swiss cheeses CHF 23
- Etagère of delicious nibbles CHF 36



PRIVATE SPA



SPECIAL OFFERS

Take advantage of our attractive packages from selected PALACE offers.

EARLY BIRD 1 person CHF 195

- 90-minute massage: PALACE-Pure Joy of Life or Classic-Sporty
- Free use of the PALACE SPA with fitness room, sauna, steam room, aroma shower & relaxation room
- Substantial breakfast buffet in the restaurant «Les Artistes»

Massage available Tuesday to Sunday between 10 hrs and 12 hrs.

SPLUNCH 1 person CHF 185

- 30-minute massage: Back Relief
- Pedicure or manicure (without nail polish)
- Free use of the PALACE SPA with fitness room, sauna, steam room, aroma shower & relaxation room
- Light lunch (main course) at the PALACE Bar

Bookable daily between 10 hrs and 16 hrs

SPA & BAR 1 person CHF 145

- 30-minute massage: Back Relief
- 2-course dinner with choice of starter and main dish at the PALACE Bar
- A glass of Prosecco
- Free use of the PALACE SPA with fitness room, sauna, steam room, aroma shower & relaxation room

Bookable daily from 17 hrs

TIME-OUT 150 min CHF 380

“To have time for yourself: that is true luxury”

Indulge yourself in your personal time-out and allow us to personalise your treatment. Your therapist will first greet you with a fine cup of tea. While you enjoy your subsequent relaxing foot soak your therapist will suggest the most appropriate treatment for you. Enjoy your personal and well deserved time-out!

SPECIAL OFFERS

Take advantage of our attractive packages from selected PALACE offers.

DREAMS OF CHOCOLATE 120 min CHF 250

Heavenly! Your senses will be pampered right from the start when the chocolate is being brushed on. Wrapped in a cocoon of gold foil, the chocolate can take effect while the head is being massaged. Afterwards, a gentle massage with virgin coconut oil rounds off your Swiss chocolate experience. The sweet finish is the hot «Schoggi» in our PALACE Bar.

PERSONAL TRAINING 60 min

Do something good for your body! Together with our personal trainer, work out a training program individually tailored to help you achieve your personal goals.

Individual training lesson (for 1 person) CHF 100

Training lesson for two CHF 160

DETOX-RITUAL 1 person CHF 290

- Welcoming Detox tea and fresh fruit
- 15-minute foot soak and introductory consultation with your therapist
- 30-minute foot massage
- Healthy lunch and green smoothie
- Sauna & steam room
- 45-minute full-body peeling
- 30-minute detox poultice
- Further sauna and relaxation time

When booking a course of 5 Detox-Rituals, you will receive 10% discount on all these treatments.



SPECIAL OFFERS

BRIDAL SHOWER PACKAGE

Experience an unforgettable evening with your friends in our PALACE SPA in Lucerne.

Whether in our exclusive private spa or on the roof terrace a great farewell from bachelor life is granted.

The package „Bridal Shower“ includes:

- Exclusive use of the private spa with stunning views of Lake Lucerne and Mount Pilatus for 4 hours
- Tea, water and fresh fruit
- Bathrobe, handtowels and slippers
- Aperio (2 glasses of Prosecco/Moscato, orange juice and 4 appetizers, options from sweet or salty)
- Manicure or Pedicure with nail polish
- 30-minute massage: Back Relief massage per person

The private spa for you and your friends pampers you in an exclusive ambience. Enjoy a bath surrounded by flowers and candlelight under a starry southern sky. In addition to a breathtaking view of Lake Lucerne and Mount Pilatus, the Private Spa offers you a sauna and steam room as well as your own changing area. In warm weather, our rooftop terrace is also available for reservation. Only the massage will be performed in the spa area.

Up to 4 people CHF 295 per person

Up to 6 people CHF 270 per person

Up to 8 people CHF 240 per person

GENERAL INFORMATION

BOOKING AND CANCELLATION

Please book early so you can reserve your preferred date. We kindly ask you to give us at least 24 hours notice of a treatment cancellation, otherwise a 100% cancellation fee will apply.

THERAPISTS

Please let us know when making your reservation whether you would prefer to be treated by a male or a female therapist.

ARRIVAL & TREATMENT TIME

For optimal full usage of your well deserved time-out we recommend that you arrive approximately 15 minutes prior to your treatment at the PALACE SPA on the third floor.

Thank you for your understanding, that due to subsequent reservations we have to shorten your treatment in case of late arrival.

CLOTHING, VALUABLES & MOBILE TELEPHONES

Lockable wardrobes are available for your clothing. Please note that the hotel cannot be held liable for any property that has been locked away. The PALACE SPA is a place of rest and relaxation. Out of consideration for fellow guests, we request that mobile phones be switched off during your stay.

HANDTOWELS & PROVISIONS

During your stay, we offer you bathrobes, handtowels, slippers and body care products plus wellness teas, still water and fruits.

SAUNA & STEAM ROOM

You are welcome to use the Spa facilities including sauna, steam room, aroma therapy shower, ice fountain, relaxation and fitness areas before and after your treatment. Please be aware, our sauna and steam room area is a nude zone due to hygienic reasons. For the fitness area, please bring your own sneakers and sport clothes.

PREGNANCY AND BREASTFEEDING

Congratulations! For this wonderful time, we would be delighted to personally advise you regarding suitable treatments which you can enjoy during your pregnancy and after giving birth.

STATE OF HEALTH

Kindly inform us of any medical conditions when booking your appointment. This is particularly valid for impairments to health such as heart disease, high blood pressure, metabolic disorders, cancer, operations or allergies. It could be that certain treatments may not be suitable for you. We would be pleased to advise you!

WE WILL OFFER YOU A TREATMENT!

When booking a course of 10 treatments, you pay only for 9 and receive the 10th free.

Please note that the Spa area is divided up into a male and a female Spa area during the week (Monday to Friday). During the weekend (Saturday and Sunday) the male Spa area is mixed.





PALACE
Luzern

The PALACE SPA team is pleased to receive your reservation under +41 (0)41 416 15 15.
On www.palace-spa.ch you will find our special offers.
We shall reserve the right to price changes and errors.

Opening Times

Monday: 13 hrs until 20.30 hrs

Tuesday to Sunday: 10 hrs until 20.30 hrs

PALACE LUZERN · Haldenstrasse 10 · CH-6002 Luzern · spa@palace-luzern.ch · www.palace-spa.ch